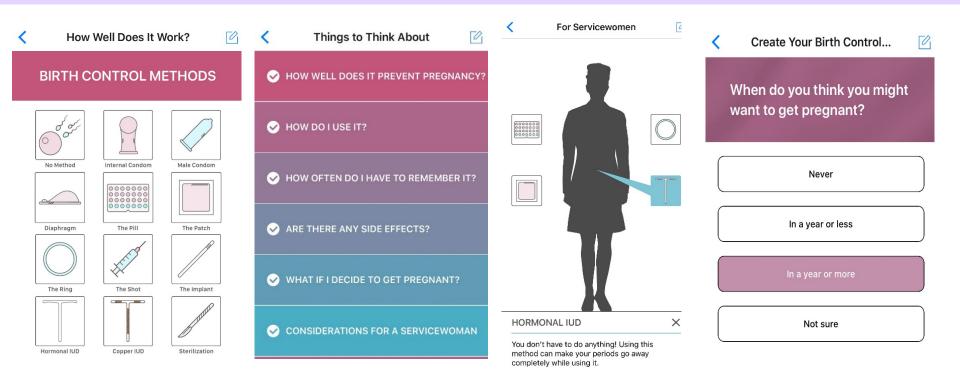
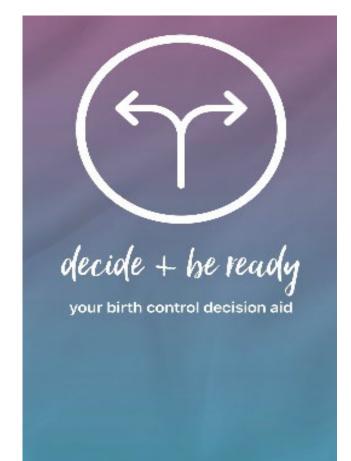
As you consider your birth control options... Decide + Be Ready Mobile App

- Decide + Be Ready is designed to help women make decisions regarding contraception to also meet the unique needs of servicewomen.
- This app supports military women in their decision-making related to contraception, taking into consideration that servicewomen, when deployed or working in uniquely challenging environments, may also choose to use one of the birth control methods to manage or even skip menstrual periods.



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